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The Most Important Ingredient

Three of my favorite recipes have almost the exact same name: Grandma’s dressing, Grandma’s macaroni, and Grandma’s sauce. Can you guess where I learned these recipes? Yep, from my grandmother, Marilyn Joan Bozick. Grandma was the most gracious, gentle, and kind person I’ve ever known. She was the type of person who could make you feel as if you were the most important person in the world. In the last years of her life, my Grandma taught me to cook. At the time, I concentrated on the recipes, making sure I sliced the garlic just right and used the correct tomatoes. In case you’re wondering, always use plum tomatoes for sauce. It wasn’t until she passed away in 2013 that I’ve realized the most valuable lesson she taught me about cooking. The most important ingredient is love.